



# Trauma, Mental Health and Young People

Join this Zoom talk for Tasmanian Foster and Kinship Carers

Join Kevin Peel, Senior Clinical Psychologist and Clinical Lead from headspace and Cornerstone Youth Services. He will discuss trauma and mental health for children and young people in care. This session will cover:

- How trauma impacts mental health
- How Foster and Kinships Carers can support a child or young person who is struggling with their mental health
- When to seek further support
- How to help a child or young person navigate today's common challenges

**When:**

Thursday 29 September  
10:30 am – 11:30 am

**Where:**

Zoom

**DON'T MISS OUT  
RSVP Today**



Register at  
[bit.ly/tastrauma](https://bit.ly/tastrauma)  
Or via the QR code

Brought to Tasmanian Foster and Kinship Carers by the  
Fostering Better Mental Health project

**LIFE  
WITHOUT  
BARRIERS**

FOSTER AND  
KINSHIP CARERS  
ASSOCIATION  
TASMANIA



**healthy**  
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A Tasmanian Government  
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