



## FOSTER AND KINSHIP CARERS ASSOCIATION NATIONAL CONFERENCE SEPTEMBER 2023 – EVENT PROGRAMME

**Wrest Point Casino - Sandy Bay TAS**  
DATE: Thursday 21 September 4.00pm-8.00pm

PRE-CONFERENCE EVENT	SESSION	SPEAKER	ROOM
4:00pm – 6:00pm	Registration		Outside Plenary Hall
6:00pm – 8:00pm	Cocktail Party	<b>FREE EVENT</b>	Outside Plenary Hall

**Wrest Point Casino - Sandy Bay, Hobart TAS**  
DATE: Friday 22 September 9.00am-5.00pm

DAY ONE			
TIME	SESSION	SPEAKER	ROOM
9.00am-9.10am	Welcome to Country	Legana Hughes	Plenary Hall
9.10am-9.25am	Welcome	The Honourable Minister Roger Jaensch	Plenary Hall
9.30am-10.30am	Keynote Opening	Anne Hollonds National Children's Commissioner	Plenary Hall

10.30am-11.15am	Concurrent Sessions 1	<p>Mental Health: Chris Smith Autism is my superpower</p> <p>Culture: Tanisha Nair Life Without Barriers</p> <p>Greg Gerhart E-Safety Commission</p> <p>Wellbeing: Monika Scott - Kennerley Children's Home Building health, wellness and resilience for foster and kin carers driven by selfless and altruistic motivations.</p>	<p>Wellington 1</p> <p>Boardwalk Gallery</p> <p>Plenary Hall</p> <p>Wellington 2</p>
11.15am-11.40am	Morning Tea	Tasman Room	
11.40am-12.30pm	Concurrent Sessions 2	<p>Trauma: Ann Raith Virtual Reality Key Assets (SA)</p> <p>Wellbeing: Sue Gale and Marilyn Di-Blasio Oz Child Tuning into kids and tuning teens.</p> <p>Fiona Endacott &amp; David Bradford Connecting Foster &amp; Kinship Carers SA and The Bradford Institute of Advanced Education The power of recognising Carer lived</p>	<p>Wellington 1</p> <p>Plenary Hall</p> <p>Wellington 2</p> <p>Boardwalk Gallery</p>

		<p>experience through Accredited Training</p> <p>Cyber Safety – Key Assets (NSW)</p>	
12.30pm-1.30pm	Lunch Break		Tasman Room
1.30pm-2.30pm	Concurrent Session 3	<p>Trauma: Dr Julian Watchorn Foster and Kinship Carers Association (Tas) Dealing with Aggressive behaviour in teenagers and young folk: A practical guide</p> <p>Mental Health: Róisín Tanzey, Nicky Osborne and Lynne Pearce Life Without Barriers (TAS) Fostering Better Mental Health.</p> <p>Tessa Hughes Foster Carers Association Victoria - and Permanent Care and Adoptive families</p> <p>Demystifying Mental health in the Out of Home Carer Sector – Providing therapeutic support to carers in need of support in a complex system.</p> <p>Wellbeing: James Aloni &amp; Rozana Olaya Berry Street Unleashing the Healing Potential through</p>	<p>Plenary Hall</p> <p>Boardwalk Gallery</p> <p>Wellington 1</p> <p>Wellington 2</p>

		Therapeutic Life Story Work	
2.30pm-3.30pm		Wellbeing: Leanne McLean Tasmanian Commissioner for Children and Young People	Plenary Hall
3.30pm-4.00pm	Afternoon Tea		Tasman Room
4.00pm-5.00pm	Keynote 2	Madeline West IFYS (Ambassador) Steering them to safety, how open, honest, loving relationships helps protect our children and young people in care from abuse.	Plenary Hall
5.00pm	Day concludes		



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**Wrest Point Casino - Sandy Bay TAS**  
DATE: Saturday 23 September 8.00am-3.00pm

DAY TWO			
TIME	SESSION	SPEAKER	ROOM
8.00am-8.55am	Yoga - Ujjayi Yoga Tasmania	Sarah Van Est  Yoga and Somatic Resources to Heal, Support and Connect	Boardwalk Gallery  (Limited Mats provided)
9.00am-10.00am	Concurrent Sessions I	Bronwyn Sheehan OAM CEO  Pyjama Foundation  Committed volunteer mentors can empower children in OOHC with	Wellington I

		<p>learning life skills and confidence to change the direction of their life path</p> <p>Trauma: Lionel Walters and Dr Julian Watchorn TBRI model of care</p> <p>Wellbeing: Donna Barnes and Liz Sampson Uniting Country SA Are we there yet? Our Child Aware Approach Journey</p> <p>Zoe Cumming and Linda Blyth - Grief Tool Kit Key Assets (WA)</p>	<p>Wellington 2</p> <p>Plenary Hall</p> <p>Boardwalk Gallery</p>
10.00am-11.00am		<p>Wellbeing: Natalie Pryor Foster Carer Lived experience MacKillop Family Services Connecting Carers - Peer-led Empowerment</p> <p>Tanya Cavanagh Vaping – NotEvenOnce -</p> <p>Rosalie Martin Circle of Security</p>	<p>Wellington 1</p> <p>Boardwalk Gallery</p> <p>Plenary Hall</p>



		<p>Wellbeing: Caring with Carers (NSW)</p> <p>Therapeutic Life Story Work Hannah and her Carer Are you who you think you are? Digital and therapeutic life story work, a short film</p>	Boardwalk Gallery
12.15pm-1.00pm	Concurrent Sessions 3	<p>Wellbeing: Dr Nicole Peel and Associate Professor Stacy Blythe Strategies to facilitate relationships across different age groups for children in foster or kinship care.</p> <p>Trauma: Will Skadden, Rachael Dean, Debraha Bills, Tracey Ashton (Life Without Barriers) Joined by a Parent with lived experience - Strengthening Family Relationships with Children in Care: The Power of Family Time Coaching</p>	<p>Plenary Hall</p> <p>Wellington I</p>



		<p>Mental Health/Trauma:  Marc Gregory  Mercy  Community  Foster Families  Initiative:  Towards a  Whole of Family  Approach to  Foster Care</p> <p>Trauma:  Jo Roff and Peter  Thorpe IFYS  Limited  Queensland  Navigating Family  Violence for  children in care –  what is missing?</p>	<p>Boardwalk Gallery</p> <p>Wellington 2</p>
1.00pm - 2pm	Lunch		Tasman Room
2.00pm- 2.50pm	Keynote Close	<p>Emerging Minds –  Helen Francis  Manager  Partnerships and  Implementation  National  Workforce  Centre for Child  Mental Health</p>	Plenary
2.50pm -3.00pm		MC – Rosalie Martin - Close	Plenary

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BARRIERS**

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